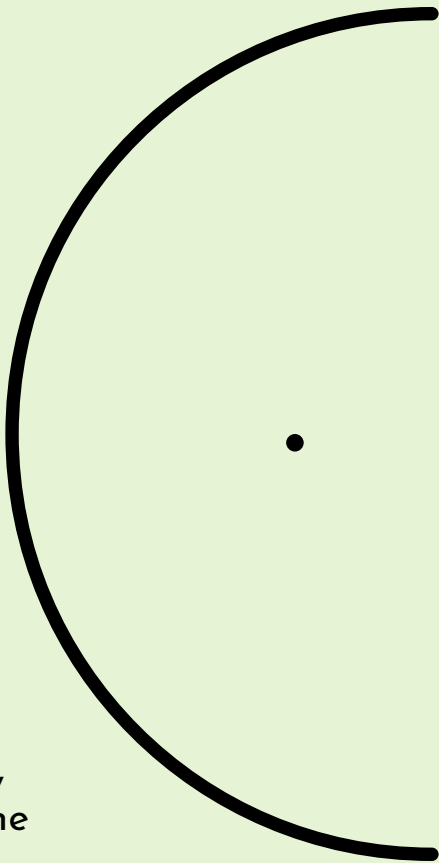


# Beginnings : fun & scary

enthusiasm  
curiosity  
ambiguity  
the frailty of the  
unknown

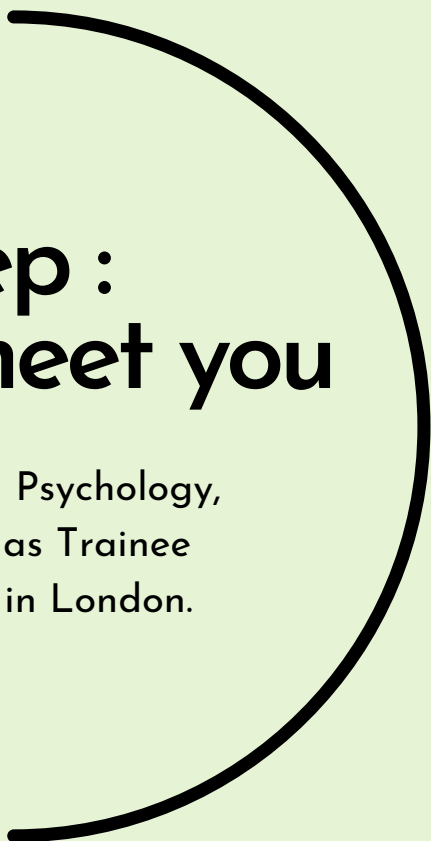
but  
taking the first step  
makes it a bit better  
and shows the way  
to the next one





# My first step : I want to meet you

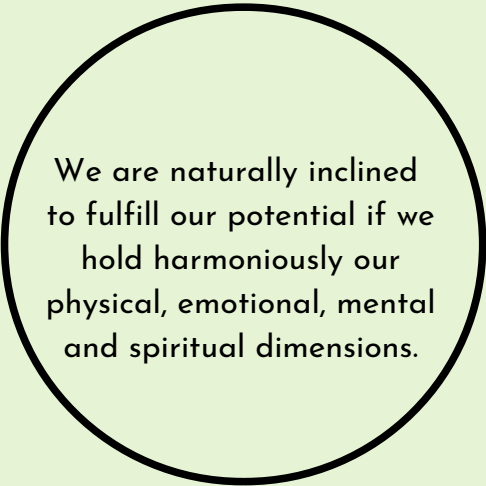
I am building a practice in Psychology,  
currently taking on clients as Trainee  
working under supervision in London.



# Our work together

will support you in  
moving forward

and every  
part of yourself  
will be heard

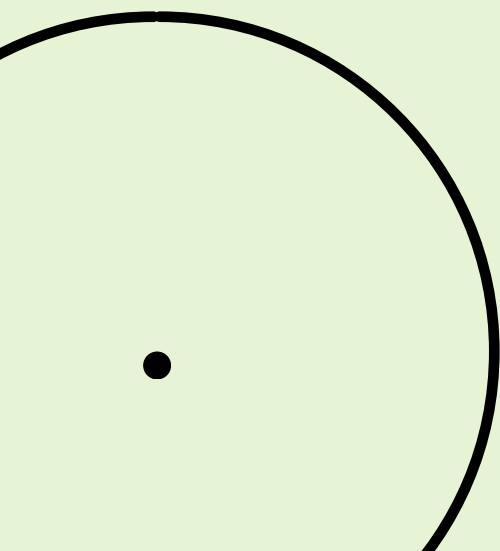


We are naturally inclined  
to fulfill our potential if we  
hold harmoniously our  
physical, emotional, mental  
and spiritual dimensions.



# What's in it for you

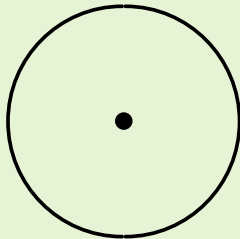
enhanced awareness  
meaning making  
a better sense of choice  
responsibility  
accountability



and a unique approach from  
my 20-year multi-domain work  
in Integrative Marketing,  
Business Strategy,  
Content Writing, Mediation,  
Speakers Coaching,  
Phototherapy, Economics.

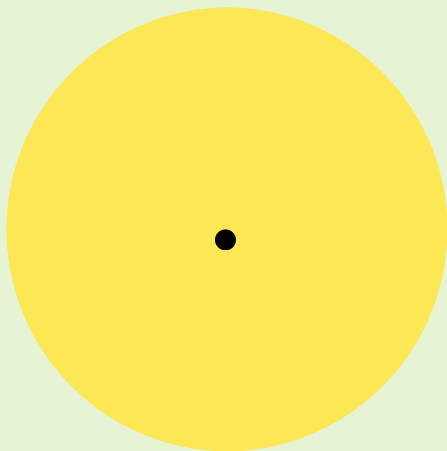
# There is no problem that's too small

and addressing what's bothering us  
before it turns into a bigger thing  
is, ultimately, a moral exercise

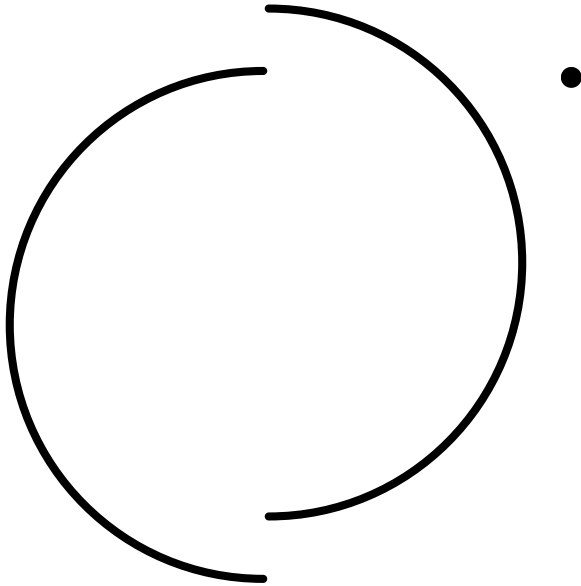


# I welcome you from all walks of life

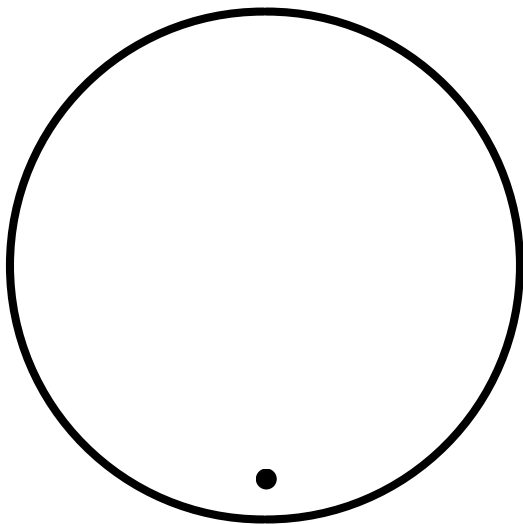
to hear, hold, support and  
remind you that  
it's human to be human



what we lost  
from being hurt  
can be  
recovered

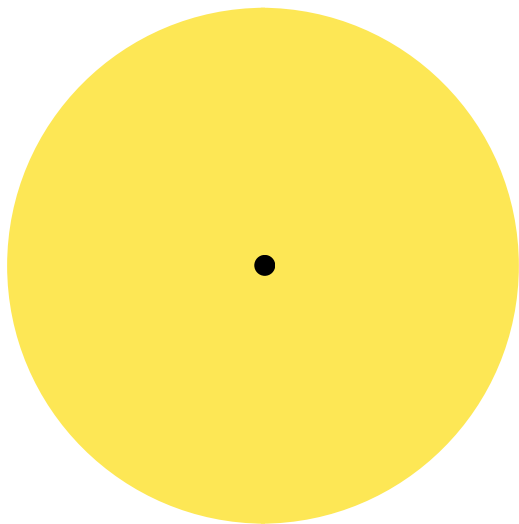


Find alignment

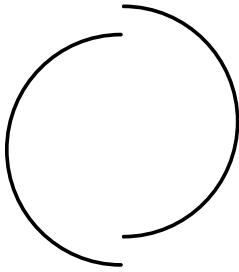


Stand your ground

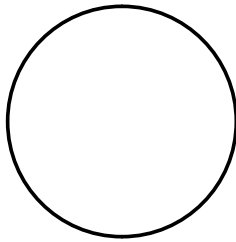




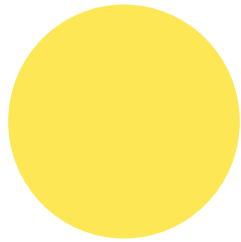
Own your light



Find  
alignment



Stand  
your ground



Own  
your light



**RALUCA MIHĂILĂ**  
**Psychosynthesis Psychologist & Coaching Trainee**

Based in Eastern Europe, available worldwide  
- in English and Romanian -

+40 728 886 742 • [raluca@utopicbrain.ro](mailto:raluca@utopicbrain.ro)